G4.0: JA Hartford Fellows and Scholars Symposium: Challenges of Caring for Aging Baby Boomers

Author List:
Presenting Author: Leanne L. Lefler
Additional Author: Nancy L. Chu, Bill Buron, Karen M. Rose

Presenting Author: Leanne L Lefler
Address: 4301 W. Markham, #529
Little Rock, Arkansas 72205
United States
Ph: 5012961939
Fax: 5012961765
Email: L.Lefler@uams.edu
Institution: U of Arkansas for Medical Sciences

Additional Author: Nancy L Chu
Address: P.O. Box 26901
Oklahoma City, Oklahoma 73126
United States
Ph: 405-271-8001
Fax:
Email: nancy-chu@ouhsc.edu
Institution: University of Oklahoma HSC

Additional Author: Bill Buron
Address: 217 Ozark Hall
Fayetteville, Arkansas 72701
United States
Ph: (479) 575-3904
Fax:
Email: BuronWilliam@uams.edu
Institution: University of Arkansas

Additional Author: Karen M Rose
Address: P.O. Box 800782
Charlottesville, Virginia 22908
United States
Ph: 434-924-5627
Fax:
Email: kmr5q@virginia.edu
Institution: University of Virginia
Presentation Preference: Competitive Symposium

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Abstract:
Overview: The baby boomer generation starts to turn 65 years old in 2011—almost doubling the number of older adults in the U.S. This generation has more racial and ethnic diversity than ever before. They are more educated, have widely dispersed families and have increased longevity. This creates multiple challenges for health care in a time of dramatic shortages in health care workers, especially within nursing and long-term care. This symposium proposes to highlight specific health care challenges illuminated by findings from four original research studies of U.S. elders: 1) Health seeking and access needs of Vietnamese American elders, 2) Older Black and White women’s cardiac risk perceptions, 3) Overcoming the challenge of promoting personhood among nursing home residents living with dementia, and 4) Predictive variables of sleep disturbances in older adults. Health care providers are challenged with providing quality care for older adults. Older adults, as well as health care workers need to be provided with tools to help identify and reduce health risks and develop interventions to promote healthy aging.

Abstract History:

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No Answer

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